

SRI A.S.N.M GOVT (A) COLLEGE ,PALAKOL, WEST GODAVARI

HEALTH CENTRE ACTIVITIES 2017-18

S.NO	01
Name of the activity	Blood donation Camp
Date of conducting the activity	07-04-2017
Organized by Dept./ Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: To wipe off the scarcity of blood and ensure availability of safe and Quality blood and other blood components.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Sri K.Sri Ram Murthy
No.of students participated	35
Skills achieved	Safe blood saves lives. This blood donated blood is used by the needy people in the emergency situations.
Values achieved	Blood donation promote the values and empathy to build a caring and healthy world.



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HEALTH CENTRE ACTIVITIES 2018-19

S.NO	01
Name of the activity	International Yoga Day
Date of conducting the activity	22-06-2018
Organized by Dept./Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: To promote good mental and physical health through yoga.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Sri K.Sri Ram Murthy
No.of students participated	
Skills achieved	Students know about the different types of Asanas in yoga.
Values achieved	Good health conditions,spiritual and interectual thoughts develops by this yoga.



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HEALTH CENTRE ACTIVITIES 2018-19

S.NO	02
Name of the activity	Anti Drug Awareness programme
Date of conducting the activity	02-08-2018
Organized by Dept./Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: To raise awareness about drug abuse to strengthen action and cooperation in achieving the goal of a world free of drug abuse.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Sri K.Sri Ram Murthy
No.of students participated	30
Skills achieved	By conducting this awareness campaigns to educate the students and give an over view of issues concerning alcohol, Tobacco and other drugs.
Values achieved	To ensure that campus and surroundings are maintained free of drugs/alcohols.



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HEALTH CENTRE ACTIVITIES 2018-19

S.NO	03
Name of the activity	Sugar Disease Confirmat-ion Camp
Date of conducting the activity	20-11-2018
Organized by Dept./ Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: To demonstrate and understand that diabetes and its Management.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Sri K.Sri Ram Murthy
No.of students participated	50
Skills achieved	Knowing about the symptoms like blurry vision ,increased urination,feeling hungry,extreme thirst and finding that the infected person have itch,dry skin etc.All these are warning signs of early diabetes.
Values achieved	There are some essential self care behaviours in people having with diabetes which predict good outcomes namely healthy eating,being physically active,monitoring of blood sugar levels regularly.



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HEALTH CENTRE ACTIVITIES 2019-20

S.NO	01
Name of the activity	Health & Hygienic Awareness Programme
Date of conducting the activity	26/08/2019
Organized by Dept./Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: We focus on diverse health topics to provide awareness to the communities and increase their levels of the health literacy.
Level of the activity College/Mandal/district/university	College Level
Name of the Resource Person	Sri K.Sri Ram Murthy
No.of students participated	50
Skills achieved	This awareness programme impart a better understanding of several communicable diseases and How to prevent them.
Values achieved	The Health awareness programme also highlights the significance of making people realise the value of physical, mental and social health.



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HEALTH CENTRE ACTIVITIES 2021-22

S.NO	01
Name of the activity	Covid -19 vaccination drive
Date of conducting the activity	25-11-2021
Organized by Dept./Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: The introduction of covid-19 vaccines is a major step towards reducing the spread of the pandemic and further reducing the associated diseases and deaths.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Dr. M .Rama Krishna
No.of students participated	30
Skills achieved	Vaccines teach that the immune system that how to create antibodies that protects ourselves from diseases.
Values achieved	Precautions taken to avoid spreading the diseases.



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HEALTH CENTRE ACTIVITIES 2021-22

S.NO	02
Name of the activity	Blood Donation Camp
Date of conducting the activity	30-12-2021
Organized by Dept./Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: The purpose of blood donation camp is to select a suitable donor whose blood is safe for the recipients.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Dr.T.Raja Rajeswari, principal
No.of students participated	60
Skills achieved	The skills are achieved by organized this blood donation camp is to motivate people to donate blood and social works.
Values achieved	Save blood save lives.



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HEALTH CENTRE ACTIVITIES 2021-22

S.NO	03
Name of the activity	World Health Day
Date of conducting the activity	07-04-2022
Organized by Dept./Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	The celebration of world health day 2022 under the theme of “Our planet ,Our Health”.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Sri G.Srinivasa rao
No.of students participated	30
Skills achieved	Create awareness of a specific health theme to highlight a priority area of concern for the world health organization.
Values achieved	“Health is Wealth”



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HEALTH CENTRE ACTIVITIES 2021-22

S.NO	04
Name of the activity	International Yoga Day
Date of conducting the activity	21-06-2022
Organized by Dept./Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: The international day of yoga aims to raise awareness world wide of the many benefits of practicing the Yoga.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Dr.T.Raja Rajeswari
No.of students participated	50
Skills achieved	Yoga improves strength balance and flexibility.
Values achieved	Good health conditions, spiritual and intrectual thoughts develops by this yoga practices.



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HEALTH CENTRE ACTIVITIES 2021-22

S.NO	05
Name of the activity	Antidrug Awareness Program
Date of conducting the activity	22-6-2022
Organized by Dept./ Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: To develop new and improved strategies to prevent drug use and its consequences
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Ch.Bhaskar,C.I of police ,Palakol
No.of students participated	30
Skills achieved	Understand the relationship between drug abuse and academic performance analyse the factor that promote drug abuse.
Values achieved	“Be a workaholic not a drug addict”.



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HEALTH CENTRE ACTIVITIES

S.NO	06
Name of the activity	Diabetic Diagnostic Camp
Date of conducting the activity	15-7-2022
Organized by Dept./ Committee	Health Centre
Objective or nature of the activity curricular/Extension to community	Objective: To identify the problems facing by the deficiency of insulin.
Level of the activity College/Mandal/ district/university	College Level
Name of the Resource Person	Sri K.Murali, President of Lion's club
No.of students participated	30
Skills achieved	Improve the level of pancreas working condition by taking the precautions suffering from diabetes.
Values achieved	Helping hands to prevent diabetic conditions by the conduct of awareness programme from the health Department.



